



Learning Boundaries

SETTING HEALTHY BOUNDARIES WORKSHOP

Join us for a virtual Zoom workshop all about learning about boundaries.

What are boundaries? Why do we need them? How can boundaries benefit our relationships? How do we make boundaries?

These are just a few of the questions Metis Nation of Ontario Healthy Babies Healthy Children Coordinator Danni Sherman will be covering during this workshop. Event will include raffles!

Date:

Tuesday February 23rd, 2021 11AM - 11:35AM EST

Please RSVP to the contact below to reserve your spot.

TO RSVP, CONTACT:
Danni Sherman |
daniellas@metisnation.org

Métis Nation
of Ontario 

