



# Goal setting

## LEARN GOAL SETTING WITH THE MNO!

Join us virtually on Zoom for a goal setting workshop with Metis Nation of Ontario Healthy Babies Healthy Children Coordinator Danni Sherman.

We will cover various techniques and practices to make your far away goals achievable. These methods will be applicable to all types of goals and dreams, so everyone is welcome!

Event will include raffles!

### Date:

**Wednesday February 17th, 2021 11AM - 11:35AM EST**

Please RSVP to the contact below to reserve your spot and receive your link to the virtual workshop!

TO RSVP, CONTACT:  
Danni Sherman |  
[daniellas@metisnation.org](mailto:daniellas@metisnation.org)

Métis Nation  
of Ontario 

